



# Addiscombe Cycling Club

## Open 10 mile Time Trial

### For the Arthur Rayner Trophy

*(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)*

14:00 Saturday July 30th 2022 – Course **G10/42**

**Event Record:** 17:53 Chris Fennell (The Independent Pedaler-Nopinzz) 2021

**HQ:** St. Johns Primary School  
Goodwyns Rd, Dorking, RH4 2LS (open from 1300)

**Promoter Name:** Jim Burdett  
**Address:** 113 Addison Road, Caterham, Surrey, CR3 5LW  
**Tel:** 0774 8983959  
**Email:** [Jim@jburdett.co.uk](mailto:Jim@jburdett.co.uk)

**Timekeepers:** Jonathan Pontin and Tim Coles (Addiscombe CC)

**Results:** <https://www.hundredthidiot.co.uk/tt/public/results/9>

#### Course Details:

OS Ref	Details	Distance
167469	START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24  Proceed to A24 where LEFT (care). Proceed South	0.0
177428	Take 2 <sup>nd</sup> exit at Beare Green roundabout and follow Capel bypass (A24)	2.67
171397	TURN Take 5 <sup>th</sup> exit on Clark's Green roundabout (check)	4.91
177428	Take 2 <sup>nd</sup> exit straight on at Beare Green Roundabout	7.15
166472	FINISH at drain at North end of penultimate crash barrier 634 yards from North Holmwood roundabout	10.00

#### COVID Specific Requirements

- A full CTT Risk Assessment can be found at the following location (<https://www.cyclingtimetrials.org.uk/documents/download/7836>), riders should familiarise themselves with the document and any riders displaying covid symptoms must not attend this event
- The HQ has been provided for parking, changing and toilet purposes only
- Riders should not turn up to the HQ more than 60 minutes before their allotted start time
- Riders must be respectful of social distance conventions and hygiene expectations.
- Riders are encouraged to socialise in the outdoor areas of the HQ where possible.

## SAFETY INSTRUCTIONS

- **A new CTT Rule – Front & rear lights must be in place and functioning – no lights, no ride**
- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Competitor's machines: it is essential that working front and rear lights, either flashing or constant, are fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- Any participants under the age of 18 are required to present their completed parental consent form at the sign-on desk. No helmet, no parental consent then no ride.

## HEADS UP, RIDE SAFELY!

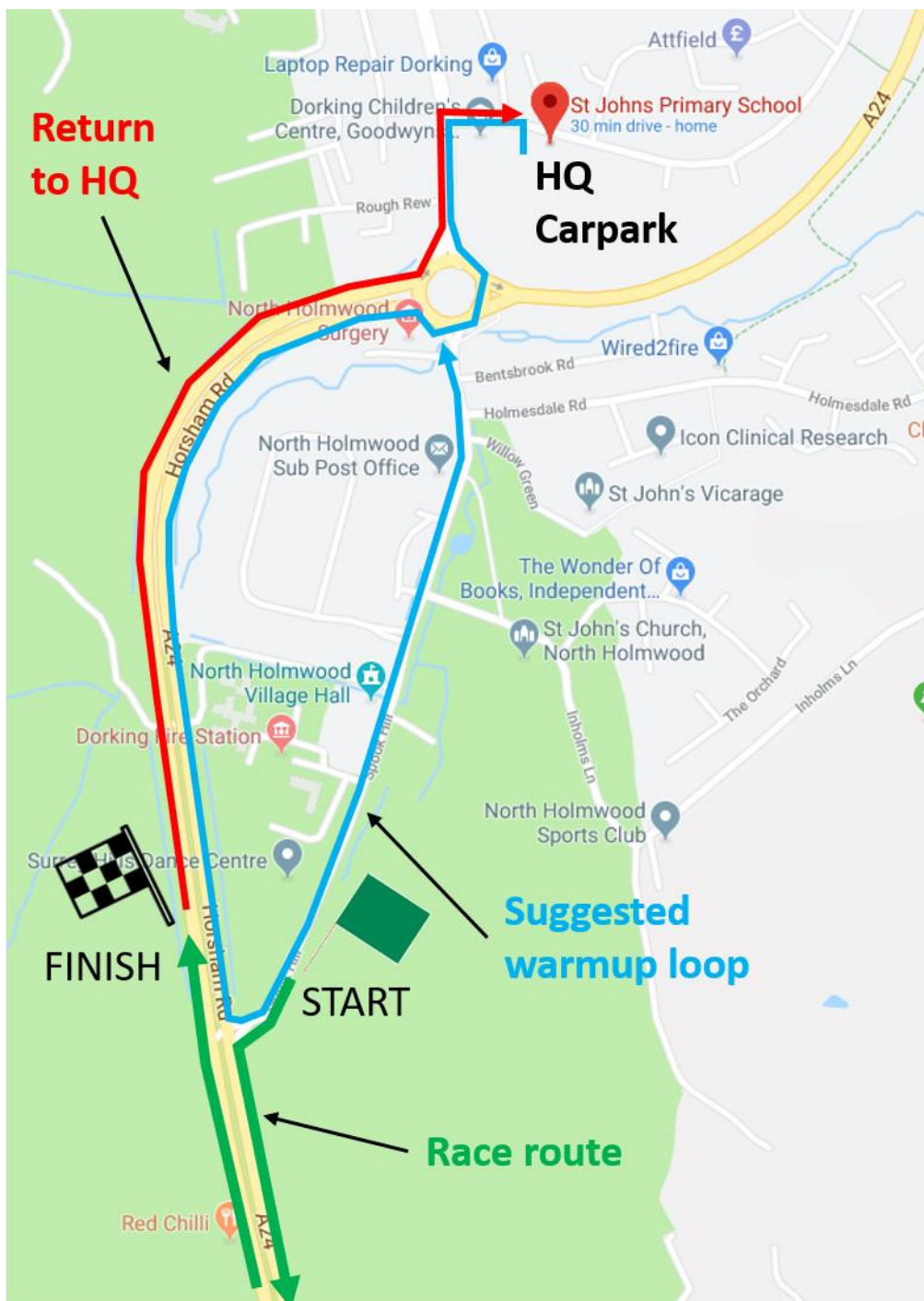
### Prizes

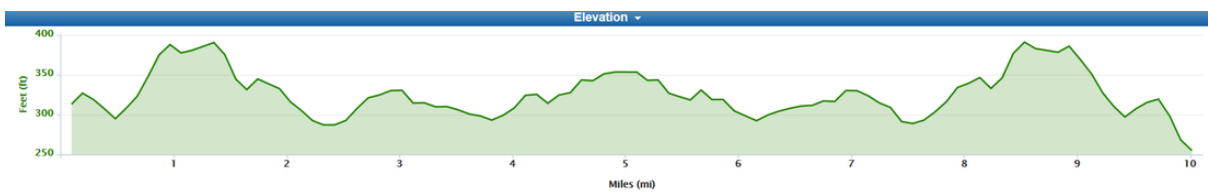
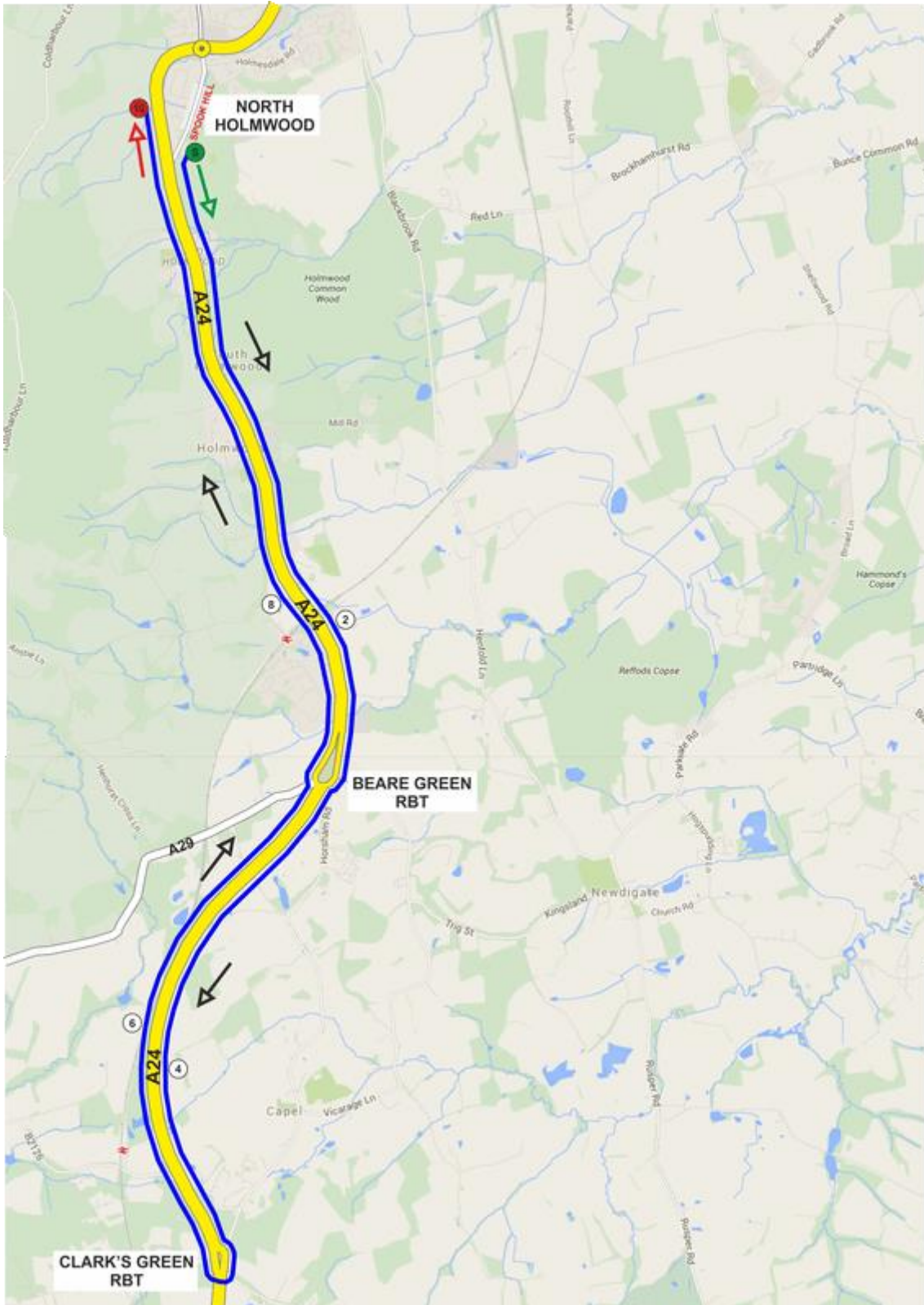
Scratch:	1 <sup>st</sup> £50	2 <sup>nd</sup> £40	3 <sup>rd</sup> £20
Lady's:	1 <sup>st</sup> £50	2 <sup>nd</sup> £40	3 <sup>rd</sup> £20
Veterans:	1 <sup>st</sup> £50	2 <sup>nd</sup> £40	3 <sup>rd</sup> £20

### Notes on prizes:

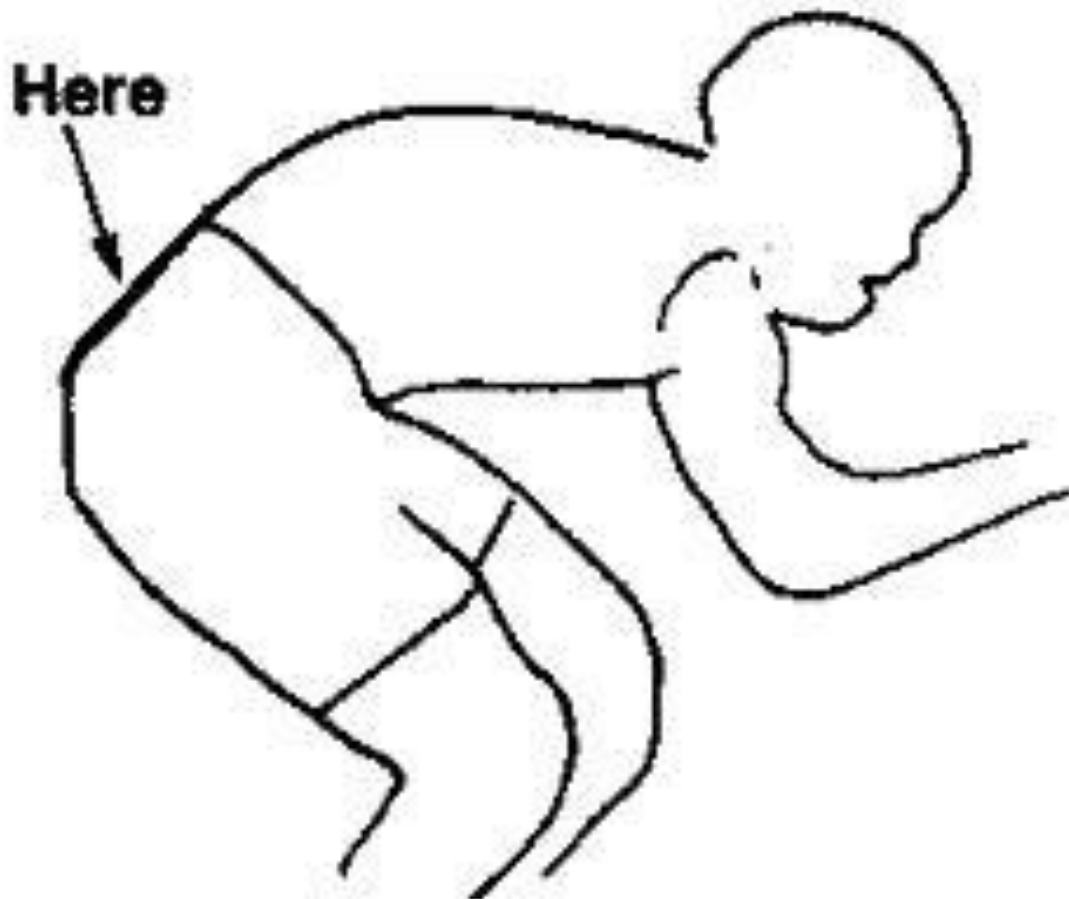
- One prize per rider except for the Team prize the highest value prize being paid.
- A Team is the fastest 3 riders from a single club / team.
- No prizes will be distributed at the event, the organiser will contact winners to confirm bank details

# Maps





**NUMBERS MUST BE FIXED BELOW  
WAIST**



**NO TIME MAY BE RECORDED IF NUMBER  
IS NOT CORRECTLY POSITIONED.**

**FRONT & REAR LIGHTS ARE ESSENTIAL**